

Opening Hours

Our core opening hours are there to suit everyone, and are easily accessible online or on our website, or upon request from reception.

Appointments outside of these times can be made available under certain circumstances, by prior arrangement.

Payment Plans

We offer a range of affordable finance options including 0% APR representative, to make your desired treatment more affordable. Just ask our team for more information.

Emergencies

In case of an emergency during practice opening hours, please contact the practice immediately. We will always endeavour to see a patient in pain on the same day.

If you require emergency treatment outside of surgery hours, please contact the practice where you will hear a message detailing specific arrangements for that day.

How Do I Register?

It couldn't be easier! Simply call the practice or call in, so we can complete an Agreement form with you. This will require your signature. We will also set up your Direct Debit instruction with you.



Dental Care Tips

In between visits, we still like to help our patients care for their smile by providing tips and advice to ensure you maintain your dental health.

Here's a handy guide for you to follow:

- Brush your teeth at least twice a day with fluoride toothpaste - ideally last thing at night and one other time during the day
- Try to brush your teeth for at least two minutes every time for a thorough clean
- Don't brush too hard - it could damage your gums and remove enamel from your teeth
- Clean between teeth with floss or dental tape to get rid of plaque that can't be reached with regular brushing
- Pay attention to when you eat sugar and how much - when possible try to limit sugar intake to straight after your meal

Your dentist or hygienist will provide bespoke care advice at every appointment, to ensure you receive care that is tailored to your needs.

Membership terms and conditions (in brief):

Please note: Discounts only apply to treatments carried out at the practice. An initial administration fee of £9.50 will be collected with your first payment only.
* The Worldwide Dental Emergency Assistance Scheme is a scheme established to offer support and assistance to dental plan patients who request treatment following a dental trauma and/ or dental emergency or oral cancer. The Scheme responds to requests for assistance on a wholly discretionary basis. This means that, whilst the Scheme aims to provide benefits in most cases, it has no obligation to provide any benefit unless it first decides (in its sole and absolute discretion) that it should provide a benefit. There are some circumstances in which the Scheme is not designed to help and these are explained in more detail in the Scheme Handbook. Each request will be looked at individually to assess the request for benefit. Certain restrictions and limitations may apply in the event that the request is accepted and it is possible that the Scheme will decide to provide no benefit.

Jacqueline Doran trading as Truly Dental.
Authorised and Regulated by the Financial Conduct Authority as a broker (not a lender). Finance available to UK residents aged 18 and over. Credit subject to status.



TRULY DENTAL

WE TRULY CARE





Dental Care Plans

35 Merle Terrace, Sunderland, SR4 6SF

T: 0191 565 7058 or 0191 565 3810

www.trulydental.co.uk

  TrulyDentalNE



Welcome

Whether you are a new or existing patient, we would like to thank you for choosing Truly Dental. We are committed to keeping up-to-date with the changes within modern dentistry to provide the latest techniques.

We are a small, family-run practice. We take great pride in offering extremely high-quality dental care in friendly, relaxed surroundings. We welcome any feedback you may have and always have the time to discuss any queries regarding your ongoing dental care.

We encourage preventive techniques, helping you to understand how to maintain your mouth and keep it free from tooth decay and gum disease.

We are therefore delighted to offer our Dental Care Plans – our exclusive membership scheme. This enables us to provide you with the treatment and support required to control any dental disease and to maintain your mouth at full dental health.

This means you could benefit from fewer fillings, less decay, less likeliness of toothache, a smile you are happier with, better choice, reduced costs and preservation of your teeth for life.

Adult's Dental Care Plan

£11.75
per month

Plan A

- Regular dental appointments to provide:
 - Dental health check
 - Checking for signs of oral cancer
 - Routine x-rays where clinically necessary.
- Regular hygiene appointments to provide:
 - Scale and polish
 - Periodontal advice
 - Preventative techniques to reduce decay and gum disease.
- Assessment of emergencies and dental pain with any temporary treatment required, carried out at the practice during normal surgery hours.
- All treatment planning for your future dental needs.
- Production of study models when required.
- Free antibiotics dispensed at the practice.
- All subsequent remedial work within 12 months of recommended restorative work.
- 20% discount on laboratory-based treatments required, i.e. crowns, bridges and dentures.
- 20% discount on any fillings.
- 20% discount on other dental work (extractions, etc.).
- 20% discount on any additional hygiene work.
- 10% discount on oral hygiene products purchased at the surgery.
- Eligibility to request assistance from the Worldwide Dental Emergency Assistance Scheme.*
- Dedicated out-of-hours service for toothache and dental emergencies.

Adult's Dental Care Plan

£17.10
per month

Plan B

This plan includes everything outlined in Plan A, but also an extra two hygiene visits, at the three-month mark. Perfect for patients who suffer with gum problems, or who simply want the additional hygiene and stain removal more often.

Children's Dental Care Plan

£6.00
per month

Your child will receive full, high-quality dental care, including check-ups, preventive advice and treatment, all fillings, extractions as needed and referrals for orthodontics. Your child will also benefit from out-of-hours emergency appointments for trauma and toothache. Most importantly they will enjoy seeing the same dentist at every single visit, to really build confidence when it comes to dental treatment.

Denture Care Plan

£5.00
per month

This plan is for patients who wear complete dentures (not including implant-retained dentures). It includes an annual Oral Health Check and oral cancer screening. Patients and their family also benefit from peace of mind that our members can seek urgent access to appointment for replacement dentures if ever needed.

Treatment provided

As well as routine dental care, we also offer a comprehensive range of cosmetic and advanced treatments.

- Teeth whitening.
- Tooth-coloured fillings and crowns.
- Composite bonding.
- Composite veneers.
- Porcelain veneers.
- Orthodontics.
- Flexible and chrome dentures.
- Facial rejuvenation including wrinkle reduction, lip fillers and cheek fillers.
- Hand rejuvenation.
- Treatment for sweat-reduction.
- Mouthguards for protecting your teeth during contact sports.
- Quick Straight Teeth®.
- Dental implants.



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